

**Achva**  
**50 Eisenhower Drive, Suite 102**  
**Paramus, NJ 07652**  
**212-929-1525 ext. 181**

**Personal Health History Instructions**  
**To Be Filled Out by Applicant and Parents**

Achva requires medical forms for the safety and well being of all participants during this summer experience. No participant will be allowed on the program without completed medical forms submitted to our office in a timely fashion. Use additional pages, if necessary.

**Notes to the applicant and his/her parents concerning the personal health history.**

1. This Medical Form should be filled out by the applicant and his/her parents. In addition, if you have been under the care of a specialist (i.e. cardiologist, neurologist, psychiatrist, psychologist, social worker, etc.) you must submit a written report from the specialist giving complete diagnosis, prognosis and evaluation.
2. If you are required to continue receiving medication while under the auspices of the program, you should have a medical letter giving full details. Since, very often, medicine is not universally available under the trade name, the full generic name of all medications should be given by the physician.
3. If any changes take place in your condition after you complete these medical forms, you must submit, before departure, a full explanatory medical letter, detailing diagnosis, prognosis and treatment.
4. It is our intention to rely on this completed form and supplementary letters in determining your acceptance to the program. Omissions or misstatements are at your risk and that of your physician, surgeon, psychiatrist, psychologist or social worker.
5. Should you be found to be suffering from any condition, mental or physical, that is not fully disclosed in this Medical Form or in an accompanying letter from a qualified medical or psychological professional, then:
  - (a) You will, at the sole and absolute discretion of those leading the program, be returned home at your expense, or be treated in the location you are visiting, at your own expense, and there shall be no refund of funds paid, and
6. The leadership of Achva and National Council of Young Israel and its agents, are hereby released from all responsibility or liability of any kind whatsoever arising out of any aspect of your medical history and pre-existing mental or physical condition.



**National Council of Young Israel**  
**50 Eisenhower Drive, Paramus, NJ 07652**  
**212-929-1525 ext. 181**

**Achva - Personal Health History**  
**(To be completed by applicant and parents)**

Applicants Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Male  Female

Health Insurance Company: \_\_\_\_\_ Policy No: \_\_\_\_\_

Policy Holder's Information: Name: \_\_\_\_\_ SSN: \_\_\_\_\_ Birth date: \_\_\_\_\_

Family History:

**Father's Name:** \_\_\_\_\_

Living

Deceased; (Cause of Death) \_\_\_\_\_

**Mother's Name:** \_\_\_\_\_

Living

Deceased; (Cause of Death) \_\_\_\_\_

**Siblings (Names and ages):** \_\_\_\_\_

# Living \_\_\_\_\_

# Deceased; (Cause of Death) \_\_\_\_\_

Mark an "X" in the box next to the medical condition listed below that applies to your health history or current condition:

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Anemia                 | <input type="checkbox"/> Measles                 | Visual:  |
| <input type="checkbox"/> Arthritis              | <input type="checkbox"/> Menstrual Problems      | <input type="checkbox"/> Eye Glasses             |
| <input type="checkbox"/> Asthma                 | <input type="checkbox"/> Mono Nucleosis          | <input type="checkbox"/> Contact Lenses          |
| <input type="checkbox"/> Bleeding Disorder      | <input type="checkbox"/> Motion sickness/Vertigo |  |
| <input type="checkbox"/> Bronchitis             | <input type="checkbox"/> Mumps                   |  |
| <input type="checkbox"/> Chemical Dependency    | <input type="checkbox"/> Orthopedic Fractures    | Allergies:                                       |
| <input type="checkbox"/> Chicken Pox            | <input type="checkbox"/> Pneumonia               | <input type="checkbox"/> Hay Fever               |
| <input type="checkbox"/> Convulsions/           | <input type="checkbox"/> Poliomyelitis           | <input type="checkbox"/> Insect stings           |
| <input type="checkbox"/> Neurological Disorders | <input type="checkbox"/> Psychological Problems  | <input type="checkbox"/> Penicillin              |
| <input type="checkbox"/> Diabetes               | <input type="checkbox"/> Rheumatic Fever         | <input type="checkbox"/> Other                   |
| <input type="checkbox"/> Epilepsy               | <input type="checkbox"/> Scarlet Fever           |  |
| <input type="checkbox"/> Eye Ailments           | <input type="checkbox"/> Sinusitis               | Vaccinations:                                    |
| <input type="checkbox"/> Fainting               | <input type="checkbox"/> Sleep Walking           | <input type="checkbox"/> Polio (Salk) Date _____ |
| <input type="checkbox"/> Frequent Colds         | <input type="checkbox"/> Thyroid Condition       | <input type="checkbox"/> Tetanus Date _____      |
| <input type="checkbox"/> German Measles         | <input type="checkbox"/> Tuberculosis            | <input type="checkbox"/> Measles Date _____      |
| <input type="checkbox"/> BI/Stomach Problems    | <input type="checkbox"/> Tumors                  | <input type="checkbox"/> Mumps Date _____        |
| <input type="checkbox"/> Migraines              | <input type="checkbox"/> Eating Disorders        | <input type="checkbox"/> Rubella Date _____      |
| <input type="checkbox"/> Kidney Problems        | <input type="checkbox"/> Heart Ailments          |  |

I give my child permission to take the following medication(s) (please mark an "X" next to **at least 1**):

Dramamine  Tylenol  Pepto Bismol  Immodium  Advil/Ibuprofen  All  
 None

-continued on other side-

**Name of Applicant:** \_\_\_\_\_

1. If you checked any of the above, please give details concerning the medical condition, including a description of the condition and the name and address of the treating physician. Please include the dates those treatments occurred.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. Have you undergone any operations or sustained any serious injuries? If yes, give a description of the operation or injury including the name and addresses of the treating physicians.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3. What, if any, current medications are you taking right now and for what medical or psychological conditions? Please include any known side effects.

\_\_\_\_\_  
\_\_\_\_\_

4. Condition of Health: \_\_\_\_\_

Are you able to participate in a strenuous program? \_\_\_\_\_

5. Describe any disabilities or restrictions, if none, write "none". \_\_\_\_\_

\_\_\_\_\_

6. Are you currently or, in the last 5 years been, in therapy? \_\_\_\_\_

If so, what type of therapy was it \_\_\_\_\_

Date(s) of consultation \_\_\_\_\_ Reason \_\_\_\_\_

7. Name and office address of family physician:

Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

Address: \_\_\_\_\_

#### 8. Applicant's & Parent's Statement

We have read and agree to the "Notes to the Applicant". We hereby certify that to the best of our knowledge, the above Personal Health History is complete in all its details and realize that any condition, mental or physical, that the applicant is found to have originating prior to the Achva Program, and which is not described fully in this form or in any accompanying letter will be due cause for the applicant's return home, or treatment on location, solely at our expense, and that Achva or the National Council of Young Israel (NCYI) and its representatives or agents have neither responsibility or liability arising out of such condition. All medication is at my own expense, and has been detailed in this form or in letters. In case of a medical emergency, the Achva staff or healthcare professional selected by them has authorization to order whatever medical or surgical treatment is deemed necessary for my child. We assume all responsibility and will indemnify and hold harmless Achva, NCYI, its officers, directors, agents and employees for any claims, suits, costs or liability for any damage including personal injury, caused to or by my child.

Applicant's Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature of Parent or Guardian \_\_\_\_\_ Date \_\_\_\_\_

All above information must be filled out completely and will be treated confidentially.